



Think BIG

Ballybeen Community Newsletter



Department for
Communities
www.communities-ni.gov.uk

FIFA19 Ballybeen edition

Issue 7
October 2018

On what is a good news story for Ballybeen, on the 3rd September the 3g pitch, sports facility and play-park successfully came through planning, after years of hard work developing this 1.3 million project, that will transform Ballybeen, and provide excellent local facilities. Phase 1 will now go out to tender, with work due to begin in the New Year to re-develop the area. Making dreams real!

Alderman Paul Porter with members of BIG's Health & Well-being Subgroup



BIG's Board of Directors have said "Our Health & Well-being sub-group have lobbied for this sports hub for several years, working closely with the local community, including those with political influence, and Lisburn & Castlereagh Council Officials, to develop a coalition of the willing, in order to drive this major project forward, in order to re-develop the Dungoyne/ Brooklands Pitches and provide sports facilities and a play-park that will be of substantial benefit to the residents of Ballybeen. We now look forward to work beginning, and that first spade hitting the ground, and the subsequent excitement that will bring, as a vision moves closer to becoming a reality.

Gavin Robinson MP, with Davy Livingstone (BIG Chair) & Cllr Sharon Skillen

The plans for the 3g facilities & play-park can be viewed in the BIG Offices

Youth News



Growing a Learning Community

Brooklands Youth Centres' recent inspection seen them get a glowing report and certificate to recognise their achievements in capacity for the sustained improvement of their young learners. Well done the staff, volunteers and of course the young people themselves, WELL DONE EVERONE!

Investing in the Right Path

Ballybeen Peer Education Project are pleased to announce they have secured funding from the Big Lottery's Empowering Young People fund for a new Project called Right Path. This funding will ensure young people from the local community have access to a range of services and programmes aimed at supporting, empowering and inspiring them to be the best they can. PEP are delighted to receive this funding and look forward to working with the Big Lottery and the young people over the next 5 years.



At the cinema during PEP Youth Summer Scheme



Youth Moral Compass Project

Ballybeen Improvement Group, have been successful in receiving funding from the Lisburn & Castlereagh Policing & Community Safety Partnership (PCSP) and support from NIHE, for a youth focussed mural at Brooklands Shop. The Peer Education Project, Brooklands Youth Centre, Brooklands Primary & Dundonald High School will all hopefully be taking part in design workshops to create a mural with the theme of visualising a 'moral compass' for Ballybeen.

Bike repair station

We have had a bike repair station, bike pump and bike racks installed at the Enler Complex outside our Office.

This was funded by Sustrans via the Public Health Agency's active travel programme, with installation by Lisburn & Castlereagh Council. Its been brilliant to see young people using this, with an added and unexpected bonus seeing mothers using it to blow up their pram wheels. We will have bikes for loan soon!



Youth News



WHAT DO WE DO??

PEER LED TRAINING PROGRAMMES

VOLUNTEER OPPORTUNITIES

DROP IN SERVICE
- INFORMAL
CONFIDENTIAL ADVICE
AND A LISTENING EAR

ONE-TO-ONE
PEER MENTORING AND
SUPPORT

CV/ JOB SEARCH SKILLS –
YOUNG PEOPLE UNDER 25

ACCREDITED TRAINING PROGRAMMES

SCHOOLS PROGRAMMES

PRE PUBESCENT PROGRAMME (P7s)



Some of the young people who attend the Project enjoying themselves at a residential (12th-14th Oct) at the Share Discovery Village, with thanks to Big Lottery Awards for All. By all accounts a great weekend was had by all, it has to be said every one who attended done themselves proud and the behaviour was very good throughout, with even centre staff passing comment on this! Staff and volunteers really enjoyed it. Even the wet weather failed to dampen their enthusiasm, with archery, paddle-boarding ,climbing & campfires, all finished off with an enjoyable and well earned trip to the cinema. Looking forward to this project!

Strobe/flashing lights
**Monster Mash
Kids Halloween Disco**

**ALL TICKETS
£2.50 per person**
Ticket only event
12 months & under FREE

Find us on **Dundonald Fundraising Group**



Monday 29th October

6.30pm ~ 8.30pm

All children must be supervised

**The Enler Centre,
Ballybeen**

All proceeds to:



**£1 forfeit for those not in fancy dress
incl. ADULTS**

On the Greenway

OnePath



Sustrans One Path Initiative on the Comber Greenway took place on Sunday 16th Sept, with Dungoyne FC and Ballybeen Women's Centre Peer Education Project both supporting this through activities on the day, to encourage respect for all who use and enjoy the Greenway, and support the development of active healthy lifestyles.

Tom O'Dowd, on behalf of Sustrans said of Dungoyne's involvement (pictured right), "we want to pass on our thanks to the coaches and players from Dungoyne FC for supporting the One Path Festival. We are very appreciative of the valuable support we receive from B.I.G. and the Ballybeen community and the Ballybeen Women's Centre. Dungoyne FC's and PEP's involvement in the festival are just some of the great expressions of that support"



View from the Shed



Our Hens Shed went on a journey with 'Come Glide With Me', from East to West Belfast, with entertainment & food along the way. A great day was had by all!!! (Picture left)

Young Mason Wetaherup being coached by Sturdy & Spike whilst doing his work experience in our community gym. (below left)

Our Men's Shed visited the Somme Centre and had a lovely lunch at the Pit Stop, well deserved break from the relentless projects at the workshop. Well done guys! (below)
Ian and Hugh (right) getting their hard hats on for Shed Wars....





Employment Plus Local (Dundonald)

WHERE?

The Salvation Army,
Enlér Park East,
Dundonald, BT16 2DP

WHEN?

Fridays 10am–12noon
or by appointment

CONTACT:

Telephone: 0289 048 6489
Email:
dundonald@salvationarmy.org.uk

WHO?

For anyone who is unemployed and looking for help to seek out employment and gain needed skills.

NEED A POSITIVE STEP BACK TO WORK?

The Salvation Army has extended its Employment Plus to the Local Centre in Dundonald to provide information and guidance for those looking to progress in their journey to employment. A team of volunteers will be available to help in this voluntary environment. We endeavour to provide:

Computer access for Job Searches CV Creation Employment Support

Online Life Skills

Chaplaincy

Friendly environment

Help with upskill for Universal Credit

Every Friday 10am to 12 am

Free certificated courses available

Lotus Notes Instant Tutorials
Confidence at Work
CVs that work
Effective Decision making
Interview Techniques
Roadblocks to Employment
Your Employment skills
Food Safety in Catering
Serving the allergic and food intolerant customer
Health & Safety in the workplace
Principles of Manual Handling
Excel 2010 Basic to Intermediate
Excel 2010 Advanced
Excel 2010 Instant Tutorials
PowerPoint 2010
PowerPoint 2010 Instant Tutorials
Visio 2010 Video Tutorials
Word 2010 Basic to Intermediate
Word 2010 How to Mail Merge
Word 2010 Advanced
Word 2010 Instant Tutorials
Equality, Diversity and Inclusion (EDI)



Kid's Club

Every Thursday 6:30pm–7:30pm
For young people P1 to P7

- Your child will need to be accompanied to be registered for the new session before they can stay at club.
- No charge for club
- Parents/Guardians invited to stay for coffee/tea/bun and chat(no charge)

At The Salvation Army,
Enlér Park East, Dundonald



SPORTS & COMMUNITY SERVICE
Sunday 25th November
11am
Everyone Welcome....



Dungoyne F.C

Mini Soccer



Every Sunday @ Ballyoran Centre
11:00am - 12:00 pm
For kids born in 2013 & 2014



For more information
PM the page or contact David:
075 9772 0311

Ballybeen Jubilee Allotments



Allotment members in the recent LCCC Good Relations Campaign

ALLOTMENT OPPORTUNITY

Are you interested in growing your own vegetables on an allotment within Ballybeen?

We have a vacant allotment on site that offers the chance for YOU to get your green fingers!

Please contact the Secretary of the Ballybeen Jubilee Allotment Assoc on 0792586933 or jubilee.allotment.association@gmail.com

GROW
YOUR OWN

Memory Bench Dedication

A bench dedication event for our former Chairperson Blakely McNally will be taking place at our office on the 29th October at 7pm. Everyone is invited to attend.

Cllr David Drysdale will be saying a few words about Blakely's community contribution and his dedication to Ballybeen, with the Rev Stephen Sheerin saying a prayer to officially open the bench.



BOXING DAY CARVERY

Food Served 2-5PM

Selection of Chefs Hot & Cold Starters,

Chefs Homemade Soup, Carvery Roast Meats & Specials
(Kids Menu Available or Choice of Carvery)

TICKETS: ADULT'S - £20 CHILD £7.50 (£5PP DEPOSIT SECURES BOOKINGS)
933 UPPER NEWTOWNARDS ROAD DUNDONALD BT16 1RQ
P: 02890480753 E: SAMMATHIESON1@OUTLOOK.COM

Take Away Meals 12-7pm Daily

HOMEMADE SOUP £2.50
ROAST DINNERS £6.95
CHICKEN STACK £6.95
HOMEMADE PIE £6.95
LAMBS LIVER £6.95
KIDS MEALS AVAILABLE £5



CALL 02890480753

933 UPPER NEWTOWNARDS ROAD, DUNDONALD,
BT16 1RQ E: SAMMATHIESON1@OUTLOOK.COM

#Shakes

SIT IN MENU

BREAKFAST

Filled Sodas: With any 2 items £3.00 Additional items 50p extra
Full Fry with Tea or Coffee: £4.00
Toast-2 Slices with Jam and Butter £1.00
add Cheese-Beans-Banana-Nutella-Peanut Butter 50p extra
Pancakes-2 with Jam and Butter £1.50
add Strawberries-Cream-Nutella-Banana-Honey 50p extra
Assorted Scones with Jam Butter and Cream £1.50
Sausage Rolls with Red or Brown Sauce
Small: 95p Large: £1.25

BAPS

Sausage or Bacon £1.75 add item 50p

SUBS

Sausage or Bacon £2.00 add item 50p

BAGELS

Bacon and Cream Cheese £2.50 add item 50p
Fillings: Egg-Tomato-Mushrooms-Cheese-Onions-Beans

LUNCH

Toasties with 2 fillings £3.00 add items 50p
Panini's with 2 fillings £3.50 add items 50p
Extra Large Wraps: £3.50
Southern Fried Chicken-Lettuce-Onion-Tomato-Grated Cheese-Mayo or Choose your own Filling
Chicken Burgers: £3.00 Lettuce-Onion-Tomato-Grated Cheese-Mayo
Baked Potato's with 2 fillings £3.50 add items 50p
All of the above served with Side Salad and Coleslaw
Fillings: Cheese-Ham-Beans-Tomato-Onions-Sweetcorn-Peppers-Spring Onion
Chorizo-Tuna-Chicken-Chicken Tikka-Curry Chicken-Garlic Chicken
Barbecue Chicken-Southern Fried Chicken
Club Sandwich £3.50 with Side Salad and Coleslaw
Soup with Wheaten Bread £2.50
Stew with Wheaten Bread £3.00

Open 9am to 9pm

Unit 4 The Enter Complex, Ballybeen T: 07719492765
Order online: HASHTAGSHAKES.CO.UK

Star Deals

Milkshakes
from
£1.75

Fry's for £4
with free
tea & coffee

Slushes
Only £1



Served before 10.30am. All meals include any regular freshly ground coffee (excluding Mocha, Toffee Latte or promotional coffee)
or 100% pure squeezed orange juice, and a hash brown or fruit bag. © 2014 McDonald's

Breakfast served daily from 5am at McDonalds® Dundonald



Want to work for yourself? First step, let's work on your business plan.



To arrange a **FREE** meeting
to develop your business
plan with your local council
call **0800 027 0639**
visit **goforitni.com**



LCCC
Lisburn &
Castlereagh
City Council

Inspire
business centre Ltd

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